CONGREGATIONAL ASSISTANCE PLAN (CAP): Shalem Mental Health Network provides professional faith-based counselling services to our church through the CAP ministry. CAP usage is confidential and available to all congregants, at no cost for the first 6 sessions. To book an appt, or for more info, please call Shalem directly at: 905-528-0353, 1-866-347-0041, or text 289-335-3543, or email office@shalemnetwork.org.

SHALEM MENTAL HEALTH NETWORK

What does it mean to be "Trauma-Informed?"

Trauma refers to the effects of people's experiences of distressing events, and can be individual, collective, historical, intergenerational or insidious in its impact. Up to 70% of people experience trauma at some point. Understanding how trauma affects individuals as well as how specific populations of people are uniquely affected by systemic historical trauma and its effects helps us adopt a more curious and compassionate perspective to those we interact with. Being trauma-informed means recognizing that someone else's reactions likely make sense if we understand that they are doing their best to cope with life given their history and life experiences, even when we have no idea what that history involves. A trauma-informed approach helps us ask "What happened to you?" rather than "What is wrong with you?" Being trauma-informed means creating safety for others by learning about trauma reactions, seeking to avoid triggering or retraumatizing other with our actions, and interacting in ways that are consistent and empowering, all of which supports post-traumatic growth and resilience in those who have experienced trauma.
For more infirmation go to:
https://shalemnetwork.org/what-does-it-mean-to-be-trauma-informed/

MID-AMERICA REFORMED SEMINARY

MID-AMERICA REFORMED SEMINARY'S Center for Missions and Evangelism Conference returns October 2–3, 2026, at Bethel Church in Lansing, IL, with a focus on biblical hospitality. Join us for two days of teaching, panel discussions, and worship designed to equip your church to better welcome and enfold others into its life. Early Bird registration is open through May 31. Learn more and register today at midamerica.edu/cme/conference.

Kale, free to a good home. Ready to pick. Please contact **Marilyn Kuiperij, 705-374-4394**.

Pastor
Ben vanStraten
Tel: 705-341-4114
pastorbenvs@gmail.com

Director of Faith Formation
Patrick Bigelow
Tel: 514-914-7282
jenningscreekfaithformation@ proton.me

Office Admin
Sarah Cooke
Tel: 705-328-0177
jenningscreekcrc@gmail.com

Jennings Creek Church Office Hours : **Wednesday 11–2:30; Thursday 9–3 & Friday 9–12:30**

SEPTEMBER 2026

Jennings Creek
CHRISTIAN REFORMED CHURCH

belong. grow. serve.

This Issue

LORD'S SUPPER SERVICE SCHEDULE: 2026
Sunday, September 20, 2026

Please join us. Everyone welcome

GROWING IN FAITH:

Family & Faith Formation Night: Welcome back! Thank you to all of our volunteers and participants for making these ministries successful. Truth Seekers, Club Kingdom Builders & Youth are scheduled to start back up **Wed., Sept. 30th** at **6:30pm**.

Ladies Bible Study: Coffee Break is scheduled to resume on **Thurs., Oct. 1st** and run every Thursday at **9:30am**; Nursery is available. (Sept. to May). Thank you to all of our leaders.

YOUNG ADULTS: is scheduled to start up on **Monday, Oct. 5th** at **6:30pm** at the Pypker's and will meet every 1st & 3rd Monday of the month.

Precept Bible Study is scheduled to resume on Mon., Sept. 14th & Tues., Sept. 15th. **Milly Nokes** is the leader.

Odyssey Dates: Oct. 25th; Nov. 22nd; Dec. 13th; Jan. 24th; Feb. 28th; Mar. 28th; Apr. 25th & May 23rd. Youth are released after the Sermon.

CUB CAR RALLY: Wed. Nov. 25th at 6:30pm. Everyone is invited.

Something for everyone and everyone is welcome!

NEXT MONTH'S COUNCIL MEETING:

Next council meeting will be held on Thursday, Oct. 1st, at 7:30pm. Council packets will be distributed on the Friday prior to the Council Meeting.

Please join us! After the morning service everyone is invited for Hamburgers, hotdogs, corn and beverages (these will be provided). We ask that those attending bring a salad and dessert contribution. Also please remember to bring your lawnchairs. Looking forward to seeing everyone there!
TIME: 12:00pm
PLACE: Jennings Creek CRC

Monthly Finance Updates

OFFERING TOTAL RESULTS: AUGUST 2026

Church Ministry Budget	$23,043.40
Special Offerings	
CRCNA Ministry Shares	$491.00
Centre Community Church	$225.00
New Life Prison Ministry	$566.45
Kawartha Mission	$1,178.00
Heritage Christian School	$494.00
Deacons: Johnathan Fritz Camp	$820.00
W/R CFGB	$125.00
Candidacy Committee	$25.00
W/R Venezuela Match	$200.00
A Place Called Home	$125.00
Deacons	$964.00
Kawartha LakesPregnancy Centre	$125.00
World Renew	$835.00
Sound & Visual Equipment Upgrade	$1,600.00
Facility Rental Income	$150.00
TOTAL INCOME FOR JULY	**$30,966.85**

This is the month in summary and includes Sunday morning Offerings, and July's PAR & GIVE App totals.

Church Family

OCTOBER 2026 NEWSLETTER:
If you have something that you would like to share with the congregation, please submit to the church office. Deadline for contributions is the Wednesday (9:00am) prior to the end of the month. The Newsletter will be posted online on the 1st Sunday of the month to update everyone on what is going on in our church, community and beyond. There will be a limited amount of copies available on the Welcome Centre for those individuals that do not have internet and for guests.

LORD'S SUPPER SERVICES 2026
Sunday, Sept. 20

Please join us.
Everyone welcome

HERITAGE UPDATE:
Gift card profits for the months of **July** was **$1009.60 & August** was **$1049.07**. If you would like to purchase gift cards or would like more information, please contact **Heritage Christian School at 705-324-8363**.

Our churches **OPERATION CHRISTMAS CHILD** could really benefit from shoe box donations. Any adult size boxes would be helpful. Please leave in mail box room with my name attached. Alternatively keep the box and fill it yourself. Thanks in advance. Now is great time to stock up on discounted school supplies, small toys etc for Samaritan Purse Christmas shoe box campaign. More information and delivery date to follow in October Newsletter and mailbox flyers. See website for more specific ideas. Our CoOrdinator is **Joanna Charlton.**

ReFRAME MINISTRIES: Hello Jennings Creek, I wanted to reach out and thank you and the entire community of Jennings Creek Church for the faithful and generous donation to ReFrame. We rely on the support of our churches and donors to continue the work we do domestically and internationally, spreading the gospel to all. *~ Nigel Broersma*

GENEVA HOUSE: Are you headed to college or university in Kingston, Belleville or Peterborough this year? Momentum Campus Ministries and Geneva House would love to help you find incredible Christian community at Queen's University, St Lawrence College, Royal Military College, Trent University or Loyalist College. If you would like to know more, you can go to https://www.momentumcampus.ca/ and fill in our "get connected" form. And if you are not going to college or university this year, we would love your prayer support! Please cover us with prayer as we build community, disciples, and leaders on our campuses!
Michelle Botting

KAWARTHA LAKES PREGNANCY CENTRE: Thank you so very much for your church's participation in the 2026 Baby Bottle Boomerang fundraiser in support of Kawartha Lakes Pregnancy Centre.
Please join us in praising God that with your help, $44,119.49 has been raised this year, thus far. We believe that some bottles and donations will continue to boomerang in, so we hope that the total will exceed $45,000.00.
This is our 30th year of ministry. God has been faithful and we see His hand in the details of our clients' lives and in the daily activities of our ministry. Praise God, two of our clients recently gave their lives to the Lord! We are praying that they will find a church family to be enfolded into, be baptized and be discipled. We have celebrated the births of 6 babies thus far this year with more to come. We are also walking with clients through parenting, personal trauma, grief and difficult life situations. We are currently serving 107 clients, with new clients coming every month.
Please thank your congregation for their part in this year's Baby Bottle Boomerang fundraiser. Your church took 40 bottles and raised **$2,741.69** to date this year. According to our records, there are no bottles outstanding.
Of note: Pregnancy Care Canada has released a course designed to help church pastors and members learn how to respond to those who have an unexpected pregnancy or a past or present abortion. If you are interested in information on the course, "Building Community Bridges," please visit www.pregnancycarecanada.ca/bridges/.

CHURCH FAMILY CAMPING 2026

~ photo submitted by Jen vanStraten & Pat Bigelow

BALSAM LAKE PROVINCIAL PARK: Well it's another one in the books! It looks like all we had was rain but, it was not that bad. Not as many families this year but we still had fun! Mark it on your calendars for next year, the last weekend of August before Labour Day Weekend.